

Binge Drinking (Adults)

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- Most recent data (2014): 20% or about 301,400 King County adults age 18+.
- Trend over time: 2005-14: rising
- Description: Consumed 5+ drinks for men or 4+ drinks for women on one occasion
- Healthy People 2020 Goal: 24% or lower

Binge drinking (adults), King County, 2010-2014 average

	Percent	Lower CI	Upper CI
King County (adults age 18+)	20	19	21
AGE			
18-24	30	26	34
25-44	28	26	30
45-64	14	13	16
65+	5	4	6
GENDER			
Male	25	23	26
Female	15	14	17
RACE/ETHNICITY			
AIAN	20	13	29
Asian	10	8	13
Black	15	11	20
Hispanic	18	14	21
Multiple	24	18	31
NHPI	29	17	45
White	22	21	23
HOUSEHOLD INCOME			
<\$15,000	24	20	29
\$15,000 to \$24,999	21	17	24
\$25,000 to \$34,999	21	17	25
\$35,000 to \$49,999	19	16	22
\$50,000 to \$74,999	20	18	23
\$75,000+	22	20	23
REGION			
East	16	14	18
North	16	13	20
Seattle	26	24	28
South	17	16	19
STATE			
Washington State	17	17	18

Comparisons:

- Higher than King County rate (yellow)
- Lower than King County rate (green)

Notes:

Source: Behavioral Risk Factor Surveillance System.

Prepared by Public Health - Seattle & King County, APDE, 07/2016.

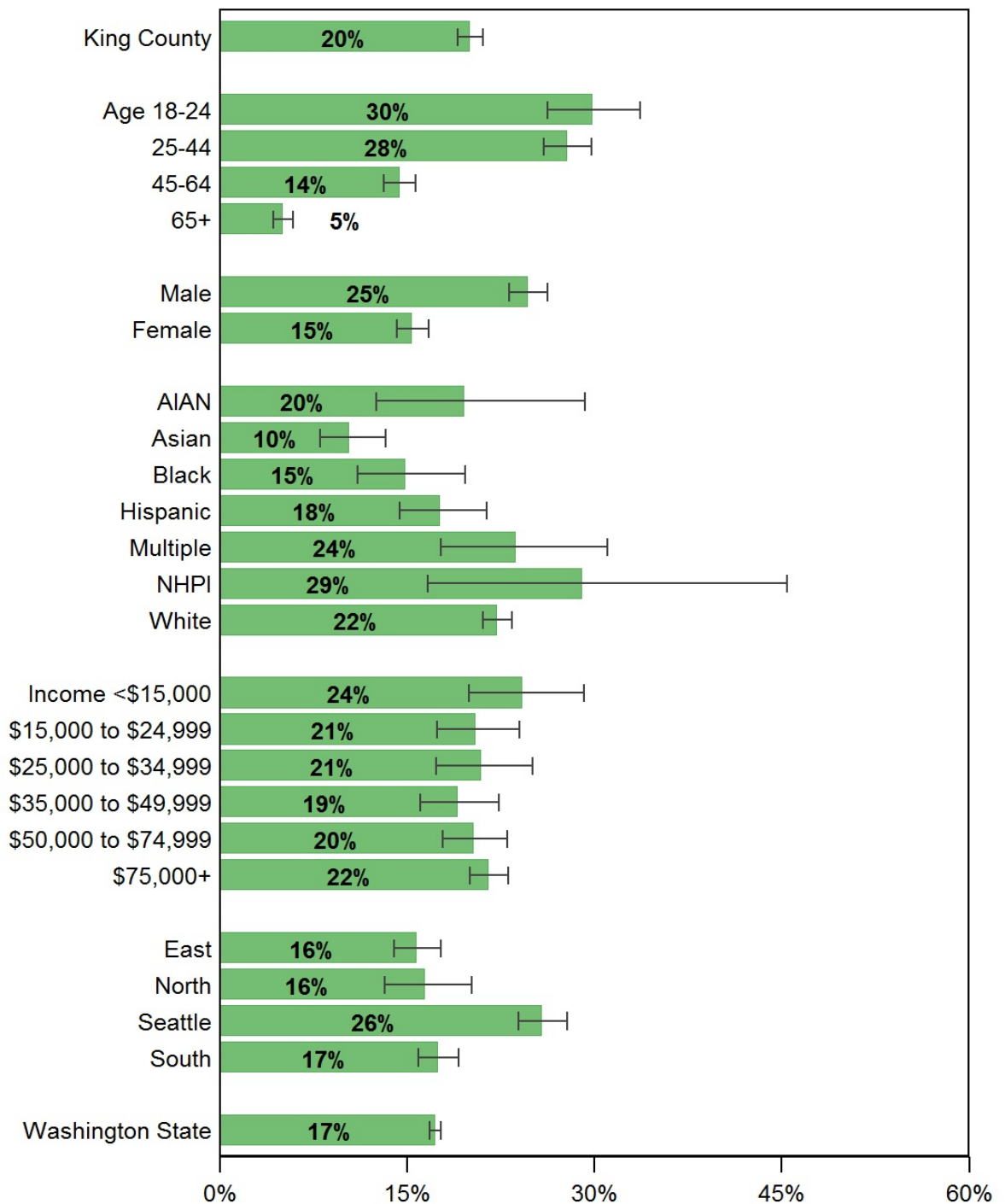
CI is 95% Confidence Interval.

* Too few cases to protect confidentiality and/or report reliable rates.

§ Too few cases to meet precision standard, interpret with caution.

Persons of Hispanic ethnicity can be of any race and are included in the racial categories.

Binge drinking (adults) King County, 2010-2014 average



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[-----] Confidence interval shows range that includes true value 95% of the time.

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Persons of Hispanic ethnicity can be of any race and are included in the racial categories.

Binge drinking (adults) by health reporting areas, King County, 2010-2014 average

	Percent	Lower CI	Upper CI
King County (adults age 18+)	20	19	21
Auburn	16	12	22
..Auburn-North	19	13	27
..Auburn-South	13	7	22
Bear Creek/Carnation/Duvall	19	14	26
Bellevue	14	11	17
..Bellevue-Central	12	7	18
..Bellevue-NE	12	7	19
..Bellevue-South	17	11	26
..Bellevue-West	16	10	25
Black Diamond/Enumclaw/SE County	22	16	31
Bothell/Woodinville	13 §	7 §	23 §
Burien	18	13	24
Covington/Maple Valley	21	16	27
Des Moines/Normandy Park	22	16	31
East Federal Way	18	11	27
Fairwood	19	12	30
Federal Way	19	14	25
..Fed Way-Central/Military Rd	20	14	29
..Fed Way-Dash Point/Woodmont	17	11	26
Issaquah	13	8	20
Kenmore/LFP	16	11	23
Kent	13	10	17
..Kent-East	12	7	21
..Kent-SE	15	10	20
..Kent-West	10	6	17
Kirkland	19	15	24
..Kirkland	22	16	29
..Kirkland North	15	10	21
Mercer Isle/Pt Cities	14	9	21
Newcastle/Four Creeks	10	7	16
North Highline	14 §	7 §	28 §
Redmond	13	8	20
Renton	16	12	20
..Renton-East	13	8	21
..Renton-North	16	10	26
..Renton-South	16	11	24
Sammamish	14	9	23
SeaTac/Tukwila	21	14	29
Seattle	26	24	28
..Ballard	31	25	37
..Beacon/Gtown/S.Park	18	12	26
..Capitol Hill/E.lake	29	23	37
..Central Seattle	26	19	35
..Delridge	25	17	35
..Downtown	33	26	42
..Fremont/Greenlake	32	25	39
..NE Seattle	29	23	36
..North Seattle	20	15	26
..NW Seattle	19	14	26
..QA/Magnolia	35	28	43
..SE Seattle	14	9	22
..West Seattle	20	16	26
Shoreline	18	14	24
Snoqualmie/North Bend/Skykomish	19	13	26
Vashon Island	20	12	31

Comparisons:

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Notes:

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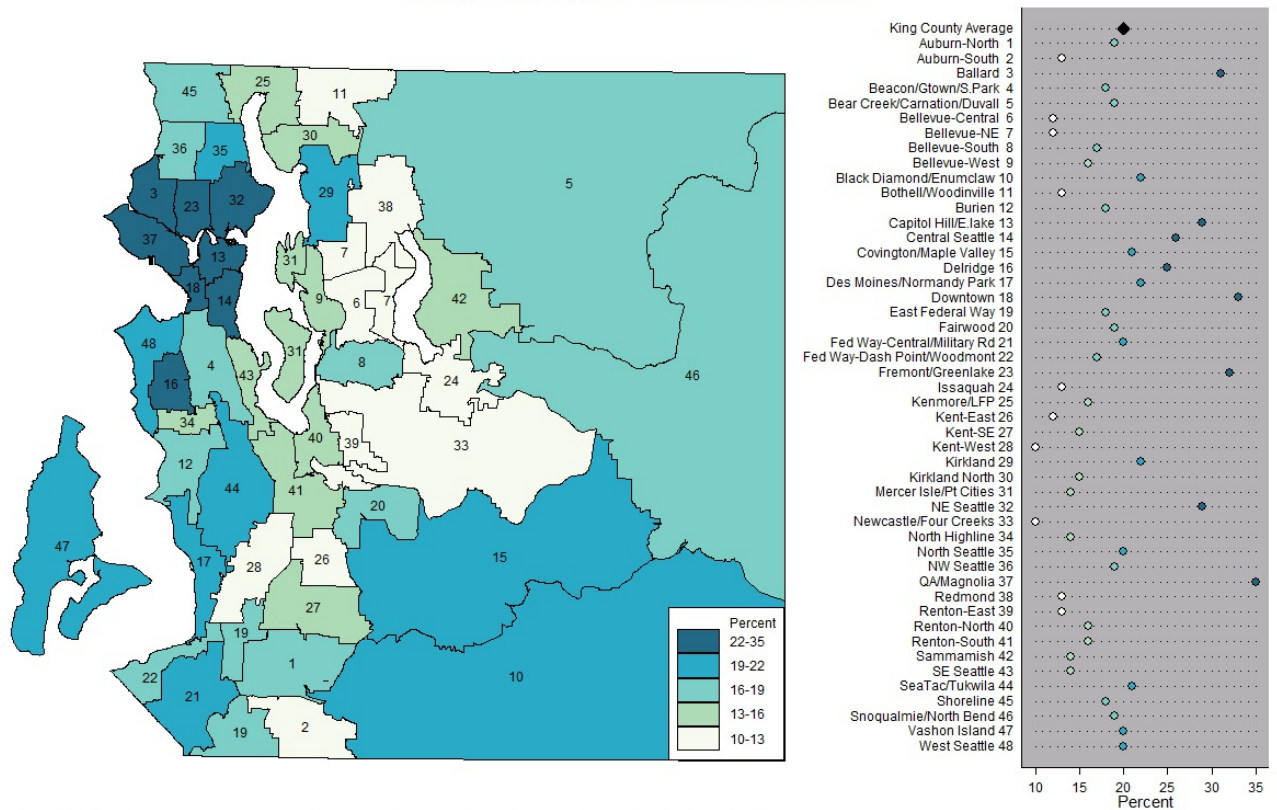
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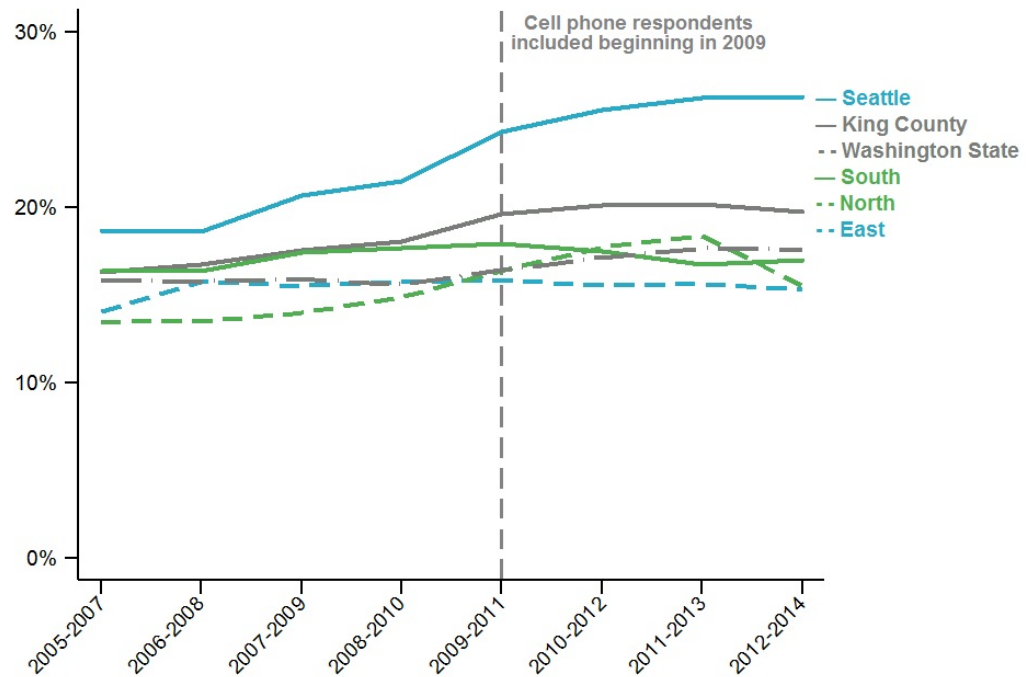
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Binge drinking (adults) by health reporting areas King County, 2010-2014 average



Note: HRA labels on the map match the chart on the right, listed in alphabetical order
 Source: Behavioral Risk Factor Surveillance System.
 Prepared by Public Health - Seattle & King County, APDE, 07/2016.

Binge drinking (adults) King County, 2005-2014, three-year rolling averages



Trends over time: King County (2005-14: rising); East KC (2005-14: flat); North KC (2005-14: flat); Seattle (2005-14: rising); South KC (2005-14: flat); Washington State (2005-14: rising)
Source: Behavioral Risk Factor Surveillance System.
Prepared by Public Health - Seattle & King County, APDE, 07/2016.

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